

Home Economics (Cookery)

COURSE DESCRIPTION

The course is designed to develop knowledge, skills, and desirable attitudes of students who can demonstrate the following standard and core competencies:

- Basic culinary and safety skills in the use of kitchen equipment and utensils
- Knowledge in food science and nutrition, especially on food preparation and cooking
- Application of techniques on food preparation and cooking
- Business and entrepreneurial skills

GRADE 9

| Course Code | Course Title |
|-------------|---|
| TLE 9 | Technology & Livelihood Education |
| ELEC 9 | Cookery 1 |
| ENG 9 | British-American Literature |
| FIL 9 | Akdang Pampanitikan ng Asya / Noli Me Tangere |
| MAT 9 | Spiral Mathematics 9 |
| SCIE 9 | Spiral Science 9 |
| AP9 | Economics 9 |
| PE 9 | Social Dance/Philippine Games/ Community Fitness/ Health & Wellness 9 |
| MUS 9 | Western Music & Arts 9 |
| THEO 9 | Theology 9 |
| VE9 | Values Education 9 |

GRADE 10

| Course Code | Course Title |
|-------------|--|
| TLE 10 | Technology & Livelihood Education |
| ELEC 10 | Cookery 2 |
| ENG 10 | World Literature |
| FIL 10 | Akdang Pampanitikan ng Daigdig / El Filibusterismo |
| MAT 10 | Spiral Mathematics 10 |
| SCIE 10 | Spiral Science 10 |
| AP 10 | Kontemporaryong Isyu |
| PE 10 | Social Dance/Philippine Games/ Community Fitness/ Health & Wellness 10 |
| MUS 10 | Western Music & Arts 10 |
| THEO 10 | Theology 10 |
| VE 10 | Values Education 10 |

GRADE 11

FIRST SEMESTER

| Course Code | Course Title |
|-------------|----------------------|
| CKY 111 | Commercial Cooking 1 |

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| E-TECH | Empowerment Technology |
| ENG 110 | Oral Communication in Context |
| FIL 110 | Komunikasyon at Pananaliksik sa Wika at Kulturang Pilipino |
| MAT 110 | General Mathematics |
| SCIE 110 | Earth and Life Science |
| SOC 110 | Understanding Culture, Society, & Politics |
| RES 110 | Research in Daily Life 1 |
| PE 110 | Physical Education & Health 1 |
| THEO 110N | Marriage and Family |

SECOND SEMESTER

| Course Code | Course Title |
|--------------------|--|
| BP 110 | Bread and Pastry |
| CKY 112 | Commercial Cooking 2 |
| FT 110 | Food Technology |
| ENG 112 | Reading & Writing Skills |
| FIL 112 | Pagbasa at Pagsuri ng Iba't-ibang Teksto Tungo sa Pananaliksik |
| MAT 116 | Statistics & Probability |

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| PHILO 110 | Philosophy of the Human Person |
| PSY 110 | Personal Development |
| PE 112 | Physical Education & Health 2 |

GRADE 12

FIRST SEMESTER

| Course Code | Course Title |
|-------------|---|
| FB 101 | Food and Beverage 1 |
| FP 101 | Food Processing 1 |
| FIL 114 | Pagsulat sa Filipino sa Piling Larangan (Techvoc) |
| ENT 110 | Entrepreneurship |
| HUMS 110 | Contemporary Philippine Arts from the Regions |
| CHEM 110 | Chemistry 1 |
| DES 112 | Research in Daily Life 2 |
| PE 114 | Physical Education & Health 3 |
| THEO 114N | The Church and its Social Teachings |

SECOND SEMESTER

| Course Code | Course Title |
|-------------|--------------|
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| F3 102 | Food and Beverage 2 |
| FP 102 | Food Processing 2 |
| TVE-WI-HE | Work Immersion (Culminating Activity) |
| ENG 114 | English for Academic and Professional Purposes |
| HUMS 112 | Media & Information Literacy |
| CHEM 111 | Chemistry 2 |
| SCIE 114 | Disaster Readiness & Risk Reduction |
| PE 116 | Physical Education & Health 4 |
| THEO 116N | Eschatology |